

NEW CARE PLATFORM

Date Release:
1 January, 2024

Upswing's Care Platform to improve member's access to immediate care

At Upswing Health, we are thrilled to announce we will be launching our new and improved Care Platform, designed to enhance your experience and empower you on your health journey. All members of Upswing Health will have access starting on January 1, 2024.

Key Features of Our New Care Platform:

- **24/7 Access to Symptom Assessment Tool:** Instant insights into your condition, anytime.
- **Convenient Self-Scheduling:** Book with coaches and orthopedic physicians at your convenience.
- **Video-Based Exercise Programs:** Tailored routines to your needs with motion tracking assistance.
- **Resources On-Demand:** Access referrals, prescriptions, and handouts when you need them.
- **NEW! Spine Health Program:** Stop back pain before it starts! Access our brand new Spine Health Program from anywhere at any time of the day. Simply complete our quick screen and get access to an 8 week program involving a personalized rehab program and on-demand coaching.



On January 1st, we invite you to log into the new Care Platform to explore these exciting products and features.

If you have any questions, please reach out to our support team at help@upswinghealth.com.